

virtual urgent care and behavioral health services



Quality, cost-effective care on your terms.

Virtual health is a cost-effective way for members to access care when and where they need it.

Recuro Health virtual care is fast, simple and convenient:

- Urgent care providers are available 24/7 to treat common illnesses and injuries.
- Behavioral health care for ages 10+ is provided by licensed counselors, social workers and therapists with sessions available in as few as 48 hours.
- Employees can access urgent care via phone or computer in a matter of minutes, or book a therapy visit that fits their schedule.
- Urgent care providers can send electronic prescriptions to the member's pharmacy of choice.
- A Spanish-language portal removes barriers for Spanish-speaking employees.
- Employees get care on their terms and get back to work more quickly, while saving on their visits.

Virtual urgent care is ideal for:

- Acne and rashes
- Allergies
- Cold, flu or coughs
- GI issues
- Ear problems
- Fever
- Headache
- Insect bites
- Nausea and vomiting
- Pink eye
- Respiratory issues
- UTIs and vaginitis
- And more

Virtual behavioral health is ideal for:

- ADHD and ADD
- Anger management
- Anxiety and stress
- Bipolar disorder
- Sleeping disorders
- Smoking addiction
- Substance abuse
- Depression
- Eating disorders
- Grief and loss
- PTSD
- OCD
- And more

How it works

Medical care is available 24/7, and therapy visits can be scheduled in as few as 48 hours.

Your provider will review your medical history, ask questions, and create a personalized treatment plan. Medical providers can e-prescribe any needed medications.

Urgent care visits are typically completed in 15 minutes, and therapy visits are scheduled for 50 minutes.

The Self-Funded Program through Allstate Benefits provides tools for employers owning small to mid-sized businesses to establish a self-funded health benefit plan for their employees. The benefit plan is established by the employer and is not an insurance product. Allstate Benefits is a marketing name for: Integon National Insurance Company in NY and VT; Integon Indemnity Corporation in FL; and National Health Insurance Company in CO, WA and all other states where offered. For employers in the Allstate Benefits Self-Funded Program, stop loss insurance is underwritten by these insurance companies in the noted states.

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Questions?

Call your Allstate Benefits – Group Health consultant today or call 877-225-5077.

