

Cancer is impacting more lives — together, we can help support them

Empower your employees with comprehensive support

Cancer rates are continuing to rise in the working age population. However, the good news is that thanks to advancements in early detection and treatment options, more people are living longer after their initial diagnosis.

With cancer now being a leading cause of long-term disability leaves, employers are looking for ways to help support their employees through this time and help them return to their healthy lifestyle. In response to this trend, Guardian has partnered with Osara Health to offer comprehensive cancer support services embedded within our long-term disability (LTD) offering. Osara Health uses a combination of knowledge and technology helping to empower individuals affected by cancer to feel supported and informed.

How does it work?

Guardian is the first carrier to embed cancer support services directly into our LTD offering, empowering employees who are affected by cancer to feel supported, informed, and confident in navigating their diagnosis. The Guardian + Osara Health offering helps to connect employees to cancer support resources through a personalized, empathetic approach. It enables employees to focus on their holistic wellness throughout their treatment, ultimately helping to empower them on their journey back to a fulfilling lifestyle.



45%

of people diagnosed with cancer in the US are of traditional working age¹

Features of the Cancer Coach offering

Throughout a 6-12-week program, employees can learn how to communicate more effectively with their medical team and set meaningful health goals. Employees will have access to:



A dedicated health coach for holistic support, education, and guidance with scheduled calls over 6 to 12 weeks



Weekly digital education modules covering key areas of cancer self-management



Motivational articles to help make positive behavior changes



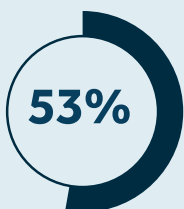
Access to the Osara Health app to track symptoms and help to take control of their diagnosis

Offer support to employees facing cancer

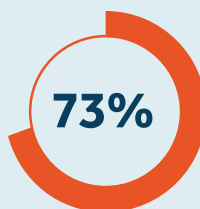
By empowering employees facing cancer with personalized support, they are more likely to take steps to improve their overall well-being. In fact, 50% of program participants have reported an improvement in their physical health, and 32% have reported an improvement in their quality of life.²

Regardless of cancer type, stage, or prognosis, Osara Health can help support employees. While the medical team focuses on treating the disease, Osara Health helps provide holistic support and information during the moments in between, ensuring that individuals feel better informed throughout their journey and have an increased sense of well-being.

Impacts of the clinically-validated return-to-work intervention²



of participants reported reduction in fatigue symptoms



participants are more likely to return to work after the program

To learn more about our long-term disability insurance, contact your broker or Guardian representative.

The Guardian Life Insurance Company of America
guardianlife.com

New York, NY
2024-170077 (2/26)

1 [Impact of Cancer on Employment – Journal of Clinical Oncology, 2020](#)

2 Osara Health Internal data - <https://osarahealth.com/employers>

Individual outcomes may vary due to the unique aspects of each cancer scenario.

Guardian's Group Short Term Disability and Long Term Disability Insurance are underwritten and issued by The Guardian Life Insurance Company of America, New York, NY. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs.

Osara Health ("Osara") is a vendor to The Guardian Life Insurance Company of America ("Guardian"). Osara and Guardian are not affiliated entities. Osara provides a personalized support program through certified health coaches to address cancer management issues for the benefit of a member ("Services"). Services are designed for members 18 years+ of age, diagnosed with cancer, regardless of cancer type, stage, or prognosis. Services are not meant to provide medical advice/care. Medical advice/care should be sought from your independent healthcare provider(s). Guardian does not control or provide any part of the Services and does not bear any liability for their provision. This informational resource is not a contract and is for illustrative purposes only. Only the policy contains applicable terms. Guardian and Osara reserve the right to discontinue Services at any time without notice. Services may not be available in all states. Guardian® is a registered trademark of The Guardian Life Insurance Company of America, New York, NY. Copyright© 2024 The Guardian Life Insurance Company of America. All rights reserved.